

Menu



Appetizer – 1.5- to 2-hour trainings

- 1. Overview of Regulation*** – Develop an understanding of regulation and the brain and get a taste of Zones of Regulation as an example of a tool to teach students self-regulation skills.
 - 2. Classroom Transition Checklist*** – Explore the various transitions students are faced with most school days, expand understanding of supports that may be needed for students with or at risk of E/BD, and develop a plan to proactively support students as a preventative strategy for behavior support.
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Main Course – 3- to 6- hour trainings

1. **Calming Tools** – Preventative strategies to address student regulation struggles before they escalate to the point of removal.
 2. **Trauma Informed Care** – Know the definition of Trauma and examples of trauma facing students; **Understand** how trauma affects the **brain, learning, and behavior**; Provide support to students who have experienced trauma.
 3. **Understanding Behavior** – Develop a deeper understanding of the definition and language of behavior: function, antecedents, reinforcement, and punishment.
 4. **Safety, Connection, and Emotion Management: Creating a Safe Classroom Environment** – Understand the 3 pillars of Trauma Informed Care (Safety, Connections, and Managing Emotions) and Strategies to engage and reinforce each pillar.
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Dessert – Additional SEDNET supports

SEDNET can support you in providing community resources for families and students with or at risk of E/BD, provide problem-solving support to staff working with students with or at risk of E/BD, and provide information on the system of care services and programs that may impact families in your school community.

Visit our website or scan the QR code to view contact information for your local SEDNET Manager

www.sednetfl.info

